

Local Society Schedule For the Week of 8/15-8/18/22

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Spiritual Wellness	9:00-9:30am	Journaling (gratitude)	Journaling (gratitude)	Journaling (gratitude)	Journaling (gratitude)
	9:30-10:00am	Devotional Time	Worship/Devotional	Devotional Time	Devotional Time
Independent Living Skills	10:00-11:00am	Cooking Class (Nachos)	Transportation Training (Trip to the RIM, route 503)	Communication Training (productive sharing)	Safety Training (apartment reporting)
Wellness	11:00-12:00	Physical Wellness (mat stretching)	Transportation Training (Trip to the RIM, route 503)	Mental Wellness (self-talk)	Physical Wellness (Wii Fit)
Break	12:00-1:00pm	Lunch	Lunch Out (Chic-fil-a)	Lunch	Lunch
Enrichment	1:00-1:45pm	Group Project (Southwind Cookbook)	Art (Painting on Canvas)	Companion Pets (training a puppy)	Music (drum circle)
	1:45-2:30pm	Group Project (Video editing and VoiceOver, YouTube, TikTok)	Current Events (this week's headlines)	SWF Creative (Southwind TikTok content ideas and planning)	City Local Prep (creating a chore list)
Independent Living Skills	2:30-3:30pm	Nutrition (where you food comes from)	Horticulture (pruning herbs and using them in your food)	Medical Needs (scheduling doctors appointments)	Budgeting (planning for a week of groceries)
Day End Responsibilities	3:30-4:00pm	End of Day Duties	End of Day Duties	End of Day Duties	End of Day Duties